Contact Person: Marlene Dolan Madison Health Department 973 593 3079

INFLUENZA IMMUNIZATIONS for MADISON CHATHAM TWP, SPRINGFIELD RESIDENTS

Seasonal influenza (Flu) immunizations will be administered by the Madison Health Department to Madison, Chatham Township and Springfield residents on the following dates and at the following locations:

| Date/Time | Location | Address | For Residents of |
|-------------------|----------------------|--------------------------|-----------------------|
| Tuesday, Oct. 20 | Madison Civic Center | 28 Walnut St., Madison | Madison |
| 10:00am-noon | | | |
| Thursday, Oct. 22 | Chatham Township | 58 Meyersville Rd. | Chatham Township |
| 10:00am-noon | Senior Center | Chatham Twp. | |
| Thursday, Oct. 22 | Chisholm Community | 100 S. Springfield Ave., | Springfield |
| 3:00- 6:00 pm | Center | Springfield | |
| Tuesday, Oct. 27 | Madison Civic Center | 28 Walnut Street | Madison, Springfield, |
| 3:00-6:00 pm | | Madison | Chatham Township |

To manage the number of people at the clinics appointments are required. For more information and to book an appointment online visit $\frac{www.rosenet.org/flu}{www.rosenet.org/flu}$. Those without computer access may call the Madison Health Department to schedule an appointment at 973-593-3079 x 1. The immunizations are free to all, but seniors with a Medicare Part B card are requested to bring it with them.

Seasonal flu vaccine is recommended by Centers for Disease Control and Prevention (CDC) for everyone over the age of 6 months. With the COVID-19 pandemic still a reality in New Jersey, receiving a flu vaccine is especially important this year. While the flu vaccine does not protect against COVID-19, minimizing respiratory illness in our community and ensuring the availability of hospital resources to support of the current public health emergency remains important.

According to the CDC, vaccination is especially important for people at higher risk of severe influenza and their close contacts, including healthcare personnel and close contacts of children younger than 6 months. Everyone is encouraged to receive the 2020-2021 flu vaccine. Most people are ill with flu for only a few days, but some get much sicker and may need to be hospitalized.

Since most influenza occurs from November through May, peaking between December and February, now is the best time to get a flu shot to insure full protection for the whole season. Protect yourself, your family and those in your community by getting your flu vaccine at this year's clinic.

Any questions may be directed to the Madison Health Dept. 973-593-3079 ext.1