



The Springfield Board of Health is advising residents of a recent report of twenty-five cases of **measles** in children and adults since February 5 as well as an outbreak of 27 cases of **mumps** in college students in Manhattan since early 2014. Measles and mumps are both highly contagious viral illness that can cause serious medical complications.

The public is urged to be sure that all family members are up to date with measles, mumps-rubella (MMR) vaccine. Parents should understand that a measles/mumps vaccine (MMR) is the best way to protect a child from these diseases, and is especially important if there is an outbreak in our area or if you are traveling to an area with high rates of the illnesses.

For more information on measles and mumps outbreaks, transmission, symptoms and rashes, please [click here](#).

Suspected cases of measles and mumps should be reported immediately to the Health Department.

