

# Healthy Smiles, Body and Mind Initiative

# RUTGERS

School of Health Related  
Professions



## Department of Allied Dental Education—Dental Hygiene and Dental Assisting Programs

Complimentary  
preventive dental  
services with the  
dental hygiene  
students in the  
Program.

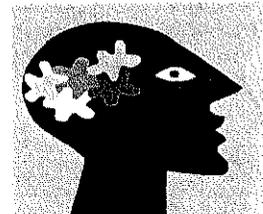
Services include: dental  
examinations, x-rays as needed,  
fluoride treatments, oral hygiene  
home care instruction and dental  
cleanings. All visits are  
supervised by licensed dental  
faculty.



## Department of Psychiatric Rehabilitation and Counseling Professions

Lunch and learn Healthy Minds Seminar  
will promote strategies to help healthy  
aging. The importance of all areas of  
wellness to support aging will be presented  
in interactive sessions.

The sessions will stress the importance of  
balancing all domains of wellness for a  
healthy mind.



## Department of Nutrition Sciences-Dietetic Internship Program

The benefits of healthy eating will  
be covered in a lunch and learn  
seminar. Participants will be  
provided with creative recipes to  
incorporate into shopping,  
cooking, and meal preparation.  
Nutritional Needs of Aging and  
preventing Food Borne Illness will  
also be  
covered.



Sponsored through the Grotta Fund  
for Senior Care.

Orientation Seminar  
October 8<sup>th</sup>, 2014  
9-10 am or 10:30-11:30 am

Refreshments will be served:  
Afternoon Tea

**Registration is Required !!**

please call:

908-889-2410 or 908-889-2517